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Daleview's rising scientist showcases talent at the 45th Eskom Expo ISF

GRADE 10 learner Nkateko Moyane from Daleview Secondary School in Ennerdale, in southern Johannesburg, has already achieved what many young scientists dream of: multiple medals and prestigious special awards at a national level. At the 45th Eskom Expo International Science Fair (ISF), Moyane walked away with three major awards, including: the Afric Training College Award (laptop), the Shanice Francis Memorial Award (R5,000 cash prize), and the South African Environmental Observation Network (SAEON) Award for the Best Project on Environmental Monitoring (tablet computer), along with a coveted Gold medal. "Winning at the ISF was one of the most exciting and emotional moments of my life," said Moyane. "I didn't just win one award, I received three! The incentives and rewards I got were things I thought I'd only experience once I started working, not while still in high school. Coming from a rural area, it meant so much to be recognised at such a big national level. It showed me that hard work, curiosity, and belief in yourself pay off," he added. Moyane's journey with Eskom Expo began in 2022, when he was in Grade 7. "At first, I wasn't interested, but my Natural Sciences teacher, Ma'am Shange, encouraged me to try. With her support, I joined, and I'm so glad I did!" he recalled. Since then, Moyane has earned Gold

and Bronze medals, as well as several special awards. Beyond the awards, the ISF experience left a lasting impression on him. "One of my best moments was visiting the Wits Anglo American Digital Dome and watching a movie at the cinema, that experience was unforgettable! I also really enjoyed staying at the hotel; it was comfortable, fun, and allowed me to meet and connect with other young scientists from across the country," he said. Moyane's curiosity and passion for science have been a driving force behind his success. "I've always been curious about how things work. My passion for STEMI grew when I realised how science and technology can be used to solve real-world problems, like energy shortages, pollution, or water contamination. That's what drives me to keep learning and innovating," he said. While science has become his main focus, Moyane also has other interests. "I used to play soccer, but I had to stop because of health reasons, even though I still love watching it! My favourite teams are Manchester City, FC Barcelona, and Kaizer Chiefs," he said. "I also enjoy learning about computers and coding, because I want to become a Software Engineer in the future." As a message to fellow young scientists, Moyane shared words of encouragement: "Don't give up! Even if

you don't win a medal or an award the first time. Success doesn't happen overnight. Keep experimenting, stay

curious, and learn from your mistakes. Every 'failed' experiment is a step closer to getting it right. Believe in your ideas, work

hard, and most importantly, enjoy the journey!" he said.

Expo for Young Scientists



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A tribute to a football legend: Donald Lall (Thaba)

IT is with great sadness that we announce the passing of Donald Lall, also known as Thaba, who left us on Sunday, November 2, 2025. Lall was a true giant in the world of football, serving as the longest-serving Chairperson of the Lenasia Football Association (LFA/SL) from the late 1960s to early 2004. Under his iron-fisted leadership, sound administration, and constitutional expertise, LFA/SL experienced unprecedented growth, expanding to include divisions from U8 to the Senior Challenge League. His dedication to the sport and community was evident in his work. As the founder of Daffodils, one of the initial teams affiliated with Lenasia Football Association in 1957, Lall's passion for football was evident from a young age. Lall's contributions to Lenasia football are immeasurable. He worked tirelessly to secure playing fields and stadiums, ensuring they

were safe and conducive to play. His ability to attract lucrative sponsorships and manage the league with precision earned him respect from all. He was instrumental in making Lenz Football a household name, attracting teams from across the country and fostering a sense of community and sportsmanship. Lall's legacy extends beyond football. He was a devoted family man and a respected community leader, serving and advising various organisations in education, social welfare, and more. His commitment to his community was unwavering, and his impact

will be felt for generations. As we bid farewell to this football legend, we take comfort in the knowledge that his legacy will live on. Last year, LSL honoured Lall for his contributions to Lenz football, and his words still resonate: "Thank you for honouring me while I'm alive." May his soul rest in peace, and may his family and loved ones find strength during this difficult time. May Almighty grant Ahmed Lall Dhawakieram the highest status in heaven, forgive him for any shortcomings, and give his family and loved ones patience and strength.

Submitted by Ahmed Jogee (in his personal capacity)



Sitting: Amrit Donald Lall and Vincent Naidoo. Standing: Solly Mangera, Seeraj Abass, Derek Eastwood, Ahmed Jogee and Bashir Bagus.



Faith leaders unite at SAAPA SA G20 Summit in Lenasia

FAITH communities call for urgent alcohol harm reduction, stronger taxes, and government accountability amid the rising crisis. Faith leaders from across the nation have sounded a powerful moral and social alarm: South Africa is drowning in alcohol harm, and silence is no longer an option. Gathered on October 30, hosted at Baitun Noor Lenasia, by the Southern African Alcohol Policy Alliance South Africa (SAAPA SA) under its national campaign "The True Cost of Alcohol," leading voices from the Islamic, Hindu, and Christian faiths joined researchers, recovery advocates, and civil society partners to confront the country's spiralling alcohol crisis head-on. Under the banner "Financing the Future: Alcohol Harm Reduction through Health Taxes for Sustainable, Just, and Inclusive Development," the summit formed part of the World Health Organisation's Global Alcohol Action Plan and the "3 by 35" initiative to increase taxes on alcohol, tobacco, and sugar by 50% by 2035. Facilitated by Ms Matlhogonolo Maboe of the Central Drug Authority (CDA), the summit featured diverse faith and civil society leaders including Muhammed Ahmed Bulbulia (Jamiatul Ulaama SA), Moulana Mahmood Mahomed (SANHA Halaal Board), Pratiba Daya (Brahma Kumaris), Dayalan Veeragaloo (Progressive Tamil Movement), Reverend Mangaliso Dukada (Izenzo Acts Community Church), David Friler and Chene

Beukes (Mon Ami Trauma Troops), Xolani Dlwathi (Moral Regeneration Movement), Zarina Motala (Nishtara Recovery and Wellness Centre), Dan Bhervia (Art of Living), Shireen Ebrahim (#ImStaying), and Maurice Smithers (WASSA). Together they issued a clear message: alcohol harm has become one of South Africa's most destructive social epidemics, tearing through families, fuelling gender-based violence, trapping youth in addiction, and costing the nation billions every year. The World Health Organisation confirms that harmful alcohol use is among the top five risk factors for death and disability globally, claiming three million lives annually. In South Africa, alcohol contributes to more than 60,000 deaths every year, with the South African Medical Research Council linking it to over 55% of road fatalities, 40% of gender-based violence cases, and a staggering R165 billion in social and economic losses, nearly 10% of the national health budget. "Every faith tradition teaches the sanctity of life. Yet, every day, we bury another youth lost to alcohol harm," said SAAPA SA. "Faith cannot be silent while families drown." Faith leaders agreed that moral courage and community leadership must go together with public policy. SAAPA SA called for increased excise taxes on alcohol, stricter regulation of marketing and sponsorship, and the removal of industry influence from policy spaces.

Studies from WITS University's PRICELESS SA confirm that raising alcohol taxes can save thousands of lives each year and significantly reduce alcohol-related hospital admissions and violence. The WHO recognises alcohol taxation as one of its "best buy" interventions, which are cost-effective, evidence-based, and essential for sustainable development. SAAPA SA urged policymakers to act with urgency and principle. "Every bottle that is sold without accountability represents another life lost, another child orphaned, another community broken. Increasing health taxes is not just an economic choice; it is a moral obligation. South Africa must choose people over profit." Faith and civil society leaders are committed to using their churches, temples, mosques, and community networks to drive awareness, support recovery, and demand stronger national policy. The summit closed with a united call: "Together, our faiths can turn compassion into prevention. South Africa cannot afford another lost generation." The Southern African Alcohol Policy Alliance South Africa (SAAPA SA) works to advance evidence-based alcohol policies that protect health, reduce harm, and promote social justice. Through its national campaign "The True Cost of Alcohol," SAAPA SA mobilises government, civil society, academia, and faith-based sectors to align with WHO's global alcohol reduction goals and achieve sustainable, inclusive development.

CITY OF JOHANNESBURG
 NOTICE OF INTENT FOR THE SECURITY ACCESS RESTRICTION OF Street/Road/Avenue for security reasons pending approval by the City of Johannesburg. (Notice in terms of Chapter 7 of the Rationalization of Government Affairs Act, 1998)

NOTICE IS HEREBY GIVEN THAT THE CITY OF JOHANNESBURG, Pursuant to the provision of Chapter 7 of the Rationalization of Government Affairs Act, 1998, HAS CONSIDERED AND PROVISIONALLY APPROVED the following Security Access Restriction for public consultation. Notice is given further that this provisional/ interim approval should not be considered and/or construed /and /or interpreted and/or deemed to be a final approval.

SPECIFIED RESTRICTIONS APPROVED:

Suburb	Applicant	Application Ref. No.	Road Name	Type of Restriction Relaxation Hours
Lenasia	Lenz X9 Residents Association NPC	473	Cygnus Street near its intersection with Scorpio Drive	<ul style="list-style-type: none"> • 24-hour automated Boom gate. • Booms to be left in an upright position between 06:00 and 08:30 and 16:00 to 18:00 on weekdays. • A separate pedestrian gate with 24-hour unhindered pedestrian access
			Apollo Street near its intersection with Capella Street	<ul style="list-style-type: none"> • A locked palisade gate with limited hours of access. • A separate pedestrian gate with 24-hour unhindered pedestrian access
			Corona Street near its intersection with Capella Street	<ul style="list-style-type: none"> • A locked palisade gate with limited hours of access. (gates to be left in an open position between 06:00 – 18:00 daily). • A separate Pedestrian gate with 24-hour unhindered pedestrian access.

Should there be no objections the restriction will officially come into operation two months from the date of display of the final decision in The Provincial Government Gazette and shall be valid for 02 years.

Further particulars relating to the application as well as a plan to indicating the proposed closure, may be inspected by appointment during normal office hours at the JRA (PTY) Ltd offices, at the address below.

The public is duly advised that in terms of the City policy relating to these restrictions:

- No person/guard is permitted to deny any other person or vehicle access to or through any roads that are a subject of this approval.
- No person/guard is entitled to request or demand proof of identification or to sign any register as a condition to access to an area.
- All pedestrian gates should be left accessible (and not locked in any way) for 24/7 unless stated pedestrian gates have limited hours operations.
- Any violation to the conditions of approval (as detailed in the approval documents) for the permit will result in restriction permit being revoked.

Any person who has any comments on the conditions of approval in terms of the aforesaid restriction/s may lodge such comments in writing with the:-

Traffic Engineering Department JRA (PTY) Ltd. 75 Helen Joseph Street Johannesburg or Traffic Engineering Department JRA (PTY) Ltd. Braamfontein X70 Braamfontein 2107

Email: cmoalusi@jra.org.za chizam@joburg.org.za

Comments must be received on or before one month after the first day of the appearance of this notice


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Police officer from Eldorado Park to stand trial for murder of traffic warden

THE trial of Police Officer Mandla Buthelezi (43), accused of murdering traffic warden Chesnay Keppler, is scheduled to commence on January 19, 2026. Buthelezi appeared in the High Court of South Africa, Gauteng Division, Johannesburg, alongside his co-accused, Officer Llewellyn Meyers (36). The charges relate to an incident on December 25, 2024. It is alleged the two officers attended a party in Eldorado Park in a marked police vehicle.

A confrontation ensued after they found Ms Keppler with another man, leading to the assault of several individuals. Ms Keppler fled to her home, where Buthelezi is alleged to have fired multiple shots through a window, killing her. Buthelezi then fled the scene and later shot himself in an apparent suicide attempt as police approached. Buthelezi faces charges of murder, attempted kidnapping, three counts of assault, malicious

damage to property, and defeating the ends of justice. Meyers is charged with two counts of assault, three counts of attempted murder, and defeating the ends of justice. Buthelezi remains in custody and will seek bail on December 2, an application the State will oppose. Meyers is currently on bail.

National Prosecuting Authority, Gauteng Division: Johannesburg.

11th Edition of the Gauteng Women of Wonder Awards - a night of power and purpose

THE Women of Wonder International proudly celebrated the 11th edition of the Gauteng Women of Wonder Awards and the launch of the Top Global Icons Publication, an event powered by Trade Route City. On the evening of Saturday, November 1, the gala dinner was filled with glamour and recognition as 30 formidable and inspiring women from diverse career backgrounds were honoured. The event celebrated female excellence, leadership, and global acknowledgement, with the Women of Wonder brand providing an appropriate backdrop. Chairman Yaseen Valli emphasised that, over the past decade, the Women of Wonder Awards have become a platform to honour women across various fields, including entrepreneurship, the arts, medicine, education, community service, and more. Out of 15 nominees from Gauteng, only 10 attended the launch. This 11th edition recognised 20 Women of Wonder award recipients selected from over 1,900 nominees, as well as 10 Top Women of Wonder Global Inspiring Icons from Gauteng who were present at the launch. CEO Farzana Mayet concluded that it was an honour to recognise these incredible



The event was made possible by the support of title sponsor Trade Route City and associate sponsors Style & Image, Skin & Body International, ValAqua, and La Roche.

women, who are "trailblazers, visionaries, and change-makers who have shown unwavering commitment, innovation, and impact across various industries and communities." The third volume of the Women of Wonder Top Global Inspiring Icons Publication was launched,

shining an international spotlight on women whose influence transcends borders. The launch marked a strategic shift from national recognition to global prominence, with guests arriving in full glamour to celebrate the significance of the evening. The event took place at the

Emperor's Palace, with the red carpet hosted by INX Prime TV. The evening's MC was Shahista Thokan, a past Women of Wonder recipient. The keynote speaker was Yvonne Ridley, a renowned journalist and activist, who delivered a powerful message.

Ridley is a prominent advocate for Palestinian rights and has been recognised for her work in this area; she was instrumental in the recent Flotilla. The guest speaker was Hilary Leong, CEO of ACT Africa, an organisation dedicated to combating human and child trafficking. Leong has received accolades for her humanitarian work, including awards from Global Women London. Founder Farzana Mayet and Chairman Yaseen Valli expressed their gratitude for spearheading the Women of Wonder brand, which has recognised over 1,200 women nationally and internationally. Notably, the Women of Wonder Awards are the only awards in South Africa that host events not only in the country but also in Mauritius, Dubai, the UK, and Qatar, demonstrating the organisation's expanding global reach and credibility. What began as a small awards function has now grown significantly, allowing the Women of Wonder Awards to proudly celebrate some of South Africa's most trailblazing, formidable, and impactful women.

Submitted by the PR Team of Panache International

MP Moosa honoured at prestigious WWMRA Awards

THE Mission Africa Organisation hosted its Women With a Mission Recognition Awards (WWMRA) Gala Dinner on Saturday, November 1, at the Southern Sun Sandton Hotel, celebrating excellence, leadership, and women's empowerment. The evening featured a red-carpet reception, panel discussions, interviews, awards presentations, a gourmet buffet, and inspiring addresses from influential figures across various sectors, all gathered under the theme of 'Glitz and Glam with Purpose.' The highlight of the evening was the recognition of Member of Parliament (MP) Imraan Moosa from Lenasia, who presented awards to distinguished honourees and received a special accolade himself for his

outstanding contributions to community upliftment, ethical leadership, and service to the nation. In his heartfelt address, Moosa inspired attendees with a message of resilience and optimism, stating: "Our youth are our future leaders. Always remember that there is hope; you must never give up. You must move in life with confidence and positivity - and these are the types of principles we should teach our youth." Accompanied by members of his team, he further expressed gratitude to Mission Africa and commended its ongoing efforts to recognise individuals who lead with compassion and purpose. Hosted by Adasonla Victoria, the gala brought together entrepreneurs, social activists, and

media personalities, reinforcing the Mission Africa Organisation's dedication to driving empowerment and sustainable development across the continent. The WWMRA Awards serve as a prestigious platform to honour individuals and organisations making a tangible difference in their communities. Each year, the event celebrates leaders who embody integrity, service, and excellence - values that continue to shape the African narrative. Mission Africa Organisation remains steadfast in its vision to empower women, uplift communities, and shape Africa's future through advocacy, mentorship, and transformative projects.



Moosa was joined on the red carpet by his delegation, pictured left to right, as they celebrated the achievements of fellow honourees and engaged in meaningful discussions about unity, innovation, and progress.



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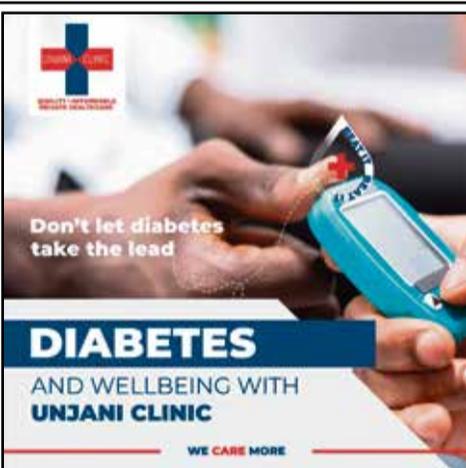
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NOTICE: Free health Catch-Up Drive invite

The Region G Department of Health invites the public to a free Catch-Up Drive scheduled on Wednesday, November 19 at Rose Park from 9am to 3pm. The activities which will be done are immunisation, Vitamin A, deworming, Pap smear, HTS, TB screening, family planning and PSA. For inquiries and further details contact J. Sithole at 068 014 3322 or S. Sityodana at 060 152 4493 or N. Zungu at 081 344 7448.



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Lenasia educator captures 44 years of Hajj History in landmark photographic book

AHMED Saeed Moolla, a respected Lenasia educator and former Deputy Principal, has launched a profound photographic essay chronicling his pilgrimages to Mecca and Medina over 44 years. Titled "Makkah and Madinah: Through the Lens of Ahmed Saeed Moolla, 1973-2017," the book is a rare collection of historic and contemporary images that document the evolution of Islam's two holiest cities. Moolla's journey began in 1973 with a simple Canon camera and a pledge: to visually document his spiritual privilege for as long as he was able. "This passion lasted for forty-four years until 2017, when declining health and later the COVID-19 pandemic made it impossible for him to continue any further," said Dr. Ismail Vadi, one of the book's contributors. Vadi praises Moolla as a master of 'still' photography, whose work captured the profound architectural and infrastructural expansion of the two sanctified mosques. Moolla's dedication earned him recognition from the Saudi authorities, who granted him rare access to the Saudi Hajj Research



Ahmed Saeed Moolla has launched a rare collection of historic and contemporary images that document the evolution of Islam's two holiest cities.

Centre. In a generous act of community spirit, Moolla has pledged to donate all proceeds from the book's sales to Awqaf

South Africa, a trust committed to social development. For copies of the book, contact Ismail Vadi on 082 772 3119.

Advertorial: Discover North Star - Your One-Stop Shop for Affordable Plumbing Solutions

Are you looking for a reliable plumbing hardware store in Lenasia? Look no further than North Star, a family-oriented store located in the heart of Lenasia, Extension 1, at 69 Gembok Street, Shop 1B — at the old Bhamjees shoe building. With two months in business, North Star has been serving the community with a wide range of plumbing supplies, DIY, and hardware products at affordable prices. Initially starting as a wholesale business, North Star has transitioned to retail while maintaining its commitment to offering quality products at affordable prices. The store offers a variety of taps and plumbing products from top brands like Kessler and Krystal, backed by guarantees of up to 15 years, depending on the product. North Star prides itself on providing excellent customer service, taking the time to understand customers' needs and providing personalised attention to get their plumbing needs

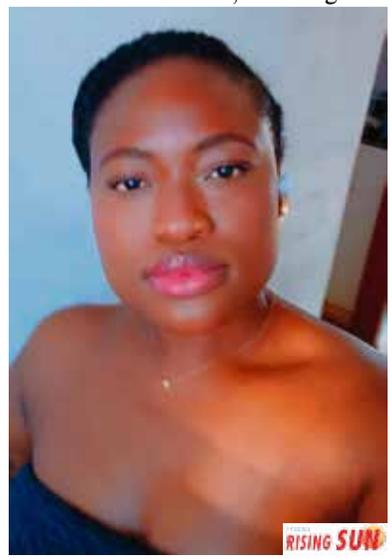
sorted. The store's commitment to quality, affordability, and customer service is unmatched, ensuring that customers leave the store with a smile. North Star is more than just a store; it's a destination for all your plumbing needs. Whether you're a DIY enthusiast or a professional plumber, North Star has everything you need to get the job done. The store's dedication to customer satisfaction is evident in every aspect of the business, from the quality of products to the level of service provided. Visit North Star today and experience the difference for yourself. For inquiries, contact the store at 087 2659 364 or 061 535 7627. Be sure to check out the opening specials and promotions available. With its wide range of products and commitment to customer service, North Star is the perfect place to find the plumbing solutions you need.



Kitchen over spout mixer **R289**

Thembelihle Fitness Club: A step towards a healthier community

MOHAU Mahopo, a 32-year-old insurance consultant, is taking a



bold step towards promoting fitness and wellness in her community with the launch of Thembelihle Fitness Club. This is for residents of Thembelihle informal settlement in Extension 10, Lenasia, and anyone interested. Mohau's passion for fitness was sparked by her run with her little sister, Ntebogeng. "I asked my little sister to accompany me for a run because I wanted company, and as she was running, she was enjoying it more than I did," Mohau said. "It gave me the idea to start the fitness club." The club's goal is to encourage a culture of fitness for everyone, regardless of age or ability. "Walking or running is inclusive, and it doesn't cost any money to join," Mohau said. The club meets on Mondays, Wednesdays, and Fridays from

6pm to 7pm at the Extension 10 sports grounds near the swimming pool. Mohau invites everyone to join, regardless of their fitness level. "Come as you are, just be comfortable," she said. Mohau hopes the club will bring people together and create a sense of community. For Mohau, fitness is a gift that everyone should have access to. "If I can help myself and others receive it, then we all win," she said. The club's activities include 5km walks and runs, similar to park runs, and she hopes to organise hikes and other events that promote fitness and fun. Thembelihle Fitness Club is a free initiative, open to all, and Mohau is excited to see the positive impact it will have on the community.

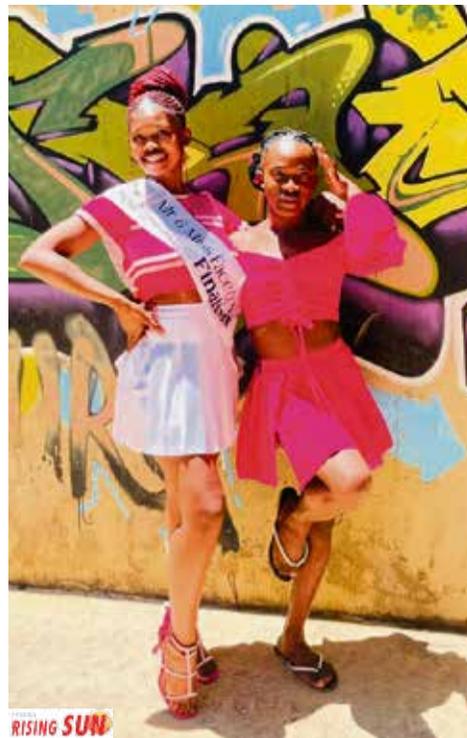
From setback to spotlight: Tshepang Au's unstoppable journey

TSHEPANG Au, a 23-year-old model and activist, is making waves as a Mr and Miss Face of Lenasia 2025 finalist. But her journey to success wasn't without its setbacks. Tshepang previously participated in the Miss Unity SA pageant, where she didn't win, but she didn't let that stop her. Tshepang's experience in the Miss Unity SA pageant was transformative. She learned valuable lessons about unity, empowerment, and self-confidence. Although she didn't win, she realised that the true reward lay in the journey, not just the outcome. Every step of the

experience was enriching and fun, keeping her going. As a Mr and Miss Face of Lenasia finalist, Tshepang aims to represent and engage with her community, where she grew up. She's passionate about addressing pressing issues like substance and drug abuse and gender-based violence that affect many of her peers. She plans to collaborate with local organisations and the clinic's mental health department to raise awareness and provide support. Tshepang wants to break the silence surrounding mental health and substance abuse in her community. By partnering with

professionals and speaking out, she hopes to reach those who feel trapped and offer them a lifeline. Her goal is to start the conversation, spark change, and inspire action. When asked about facing rejection, Tshepang shared a powerful message: "After facing rejection, I found solace in Veronica Purcell's words: 'Rejection is a challenge.' This quote became my mantra as I navigated the setback. I learned that the key to moving forward is introspection and using that experience as a stepping stone to greater opportunities. Instead of letting rejection hold you back, choose to harness it

as fuel for growth and success." As a finalist for Mr and Miss Face of Lenasia, Tshepang will bond with her fellow contestants through team-building activities while preparing for the grand finale in December. She's also rallying support and is excited to continue serving her community as a mental health advocate. Tshepang's story is a testament to the power of resilience and determination. Despite facing setbacks, she continues to pursue her passion for pageantry and making a positive impact in her community.



Tshepang Au pictured with the director of Mr and Miss Face of Lenasia pageant, Ryan Kachuwa.

Restoring hope in Kokotela: A community's journey to empowerment

In the heart of Kokotela informal settlement, a beacon of hope shines bright. Kholiwe Dlamini, known as Mama-K, a renowned activist and founder of several community initiatives, who is dedicated to improving the lives of marginalised individuals of all ages. Alongside her team of resilient game-changers and Community Development Leaders, Mama-K works tirelessly to address socio-economic distress and provide tangible solutions to those in need. Through her work with Lehae Labana Community Development NPO, Mama-K assists registered and non-registered SMEs, cooperatives, and NPOs in the community, helping them access resources and opportunities. One

of the key initiatives is providing support to vulnerable children, including those affected by teenage pregnancy, by partnering with daycare centres to enable young mothers to pursue their goals. Mama-K's motto, "Being a leader

has a lot to do with knowing how it is to be led yourself as well," reflects her commitment to empowering her community. After two years of hands-on experience in community intervention, Mama-K and her team,

including Evelyn Ntakoana Mbombi, have achieved a significant milestone — a graduation ceremony for community participants. The ceremony marked the first tangible achievement in the Kokotela interventions endeavours and was a testament to the hard work and dedication of Mama-K and her team. Gratitude also goes to the Gift of the Givers for providing lunch on the day. The course founder, a South African woman who

studied Global Mental Health at Harvard Programme in Refugee Trauma, was present to celebrate the graduates. As Mama-K continues to make a difference in her community, she seeks support to address the challenges she faces, including safety concerns and a need for a clear view fencing at the office premises. To contribute to Mama-K's efforts, contact her at 0611670810 or lehaelabana.info@gmail.com.



The graduation ceremony of the community participants marked the first tangible achievement in the Kokotela interventions endeavours.

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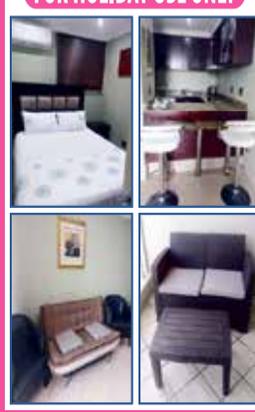
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Torino Spurs FC hosts Sam China Annual Memorial Soccer Tournament

TORINO Spurs FC was established in 1986 by cousins and friends from Greyville Extension 2 in Lenasia. The founding members include Rafick (Bobos) Subjee, Peter (Pumps) Jackson, Mark (German) Poonsamy, Donovan (China) Subjee, Andre (Dre) Singh, Deno (Dopie) Ajoodha, and Nazier (Pie) Subjee. Under the guidance of Grandfather Kistan "Sammy" Poonsamy, these young men formed an under-16 team with other players from Lenasia, competing in the LSL (Lenasia Soccer League). Torino Spurs FC has continued to grow, evolving from an under-16 team to senior footballers in Lenasia and establishing a well-known reputation in the community. Over the years, many players from across Lenasia, including Extensions 1 through 6, as well as Extensions 10 and 11, have joined the club. It has played a significant role in promoting soccer among the Indian community, incorporating a diverse range of Indian cultures and footballing talent. Following the passing of Kisten "Sammy" Poonsamy and the tragic death of Donovan "China" Subjee, the Torino Spurs family, along with friends



and supporters, decided to hold an annual memorial tournament in honour of these stalwart members. This tournament was named the Sam China Memorial Tournament, honouring the original Sam China Cup. The Sam China Cup was a major South African Indian soccer tournament established in 1903, named after benefactor Chinakoo "Sam China" Moodley, to promote unity among Indian South Africans. The tournament was held every two years and attracted many provincial teams until it ended in 1973. Today, Torino Spurs FC continues to honour the name "Sam China," promoting soccer and unity within the

Indian community in Lenasia. Additionally, the club expands its remembrance to all players, family, friends, and supporters who have lost their lives and were part of the Torino FC family.

Currently managed by former Torino Spurs player Neil "Batman" Chetty, Torino Spurs FC is active in the Deep South Local Football Association (DSLFA). The club embraces

the spirit of Ubuntu, consisting of Indian, Coloured, and African players from Greyville Extension 2, Extension 10, and the surrounding areas of Lenasia. Many former senior players from the 80s and 90s remain in contact and continue to support various tournaments in Lenasia. These senior players are actively involved in organising and preparing for the annual Sam China Memorial Tournament. This year, the Sam China Memorial Tournament will take place on November 29 at the Lenasia Progress Grounds. The community is invited to join and support the event. There will also be an over-45 tournament for those who think they've still got it. "Come and showcase your skills and enjoy the day!"



Advertorial: Kashvita's 'An Evening with the Stars 18' celebrates its 21st anniversary

THIS year's event wraps up another year filled with glitz, glamour, and an abundance of ignited passion, energy, and creativity. As we look forward to 2025, Kashvita proudly commemorates its 21 years as a significant player in the entertainment industry and a reputable dance academy. Over twenty-one years, Kashvita has delivered more than 4,000 performances, including shows for numerous charities, international events, government functions, corporate gatherings, social events, and competitions, as well as Blood Bank Disco/Nagara Clubs and Kashvita's own productions. Kashvita continues to mesmerise audiences with significant experience, professionalism, tremendous energy, stunningly designed costumes, and the very best original choreography. The performances feature talented singers, each with their own reputation and brand. Attendees can expect sensational singers, dancers, and non-stop entertainment, all supported by expert sound, effects, video, and lighting provided by JYM.



Additionally, Events by Chetna enhances the productions with outstanding decor, while VB Business Solutions serves as a remarkable designer and print brand specialist. Together, they have been part of this incredible journey over the past 21 years. A Kashvita stage is truly where dreams come alive, creating a kaleidoscope of glitz, glamour, tears, and laughter. This has remained true over the years as we bring together some of the best dancers and singers for a well-prepared and executed experience. 'An Evening with the Stars 18'

will be held at Gandhi Hall in Extension 5, Lenasia, on November 29 at 6 pm. This timing allows patrons and Kashvita members, who travel from various locations across the city, to return home at a reasonable hour after enjoying a memorable evening. Tickets are available through any member of the Kashvita Music & Dance Academy. You can also reach us at Kashvita Studios at 072 727 8630 or 082 555 2050. The lineup includes talented singers such as Virag Patel, Rudra Jatin Vallabh, Edward Reddy, and Kiran Ghurbaran,

all performing your favourite songs. Joining them are Anita Badal, Roshen Gowrie, and Pradeep (Pala) Ryan, who, many music lovers will remember from Rajendra Sounds, enchanting audiences for nearly five decades. It is always refreshing to see young individuals, who might be shy and quiet, take to the stage with such ease, poise, and professionalism. Kashmir continues to skillfully groom and lead the best performers. 'An Evening with the Stars 18' promises to be diverse, original, and a true reflection of passion and professionalism. It is set to be bigger, better, and more glamorous than ever. If music and dance are your passions, this is an event you cannot miss, especially with such an impressive lineup. Kashvita also offers Bollywood dance and fitness classes in Lenasia South and Glenvista, catering to individuals of all ages. They perform at most community events, stage shows, and private functions.

Kashvita Music & Dance Academy

Lenz Old Boys hosts Friendship games

LENZ Old Boys will play host to football games on Sunday, November 16. The games will be played at the Tigers Powerlines Ground from 9am to 12pm. The games dubbed the Friendship Games will feature Benoni Old Boys, Riverlea Legends and Ennerdale Old Boys. Lenz Old Boys was formed in 2000. The team consists of some ex-Bluebells and Swaraj players, who played in the Federation Professional League in the 1980s. They continue to espouse the spirit of the Beautiful Game. Some of the players included in the lineup are striker Nielan Annamalay, midfielders Ebrahim Farista, Ashley Kistoo, and Danny Aghulas. The defence is marshalled by Razien Ebrahim and the reliable Thamo Moodley, who will be in goal. The games are part of the yearlong celebrations of LENZ 70. Convenor of LENZ 70, Ismail Vadi, said, "Football has always played an integral part in the sporting and social fabric of the community."

Become A Streetwise Language Guru

LENASIA RISING SUN

South Africa has been dubbed "The rainbow nation", owing to its diverse culture. Most South Africans speak more than one language, based on their geographical location. The official languages are Sepedi, Sesotho, Setswana, siSwati, Tshivenda, Xitsonga, Afrikaans, English, isiNdebele, isiXhosa and isiZulu. In Lenasia and the surrounding areas, English and Isizulu are the most prominent languages. The Rising Sun Lenasia has undertaken to explore the basics of all 12 official languages through its new weekly 'Become A Language Guru' column. This will be done in a manner that will not confuse readers. One will notice that some languages are interrelated.

Sign Language



How to say 'Collaboration'

Language	Word
English	- Collaboration
Afrikaans	- Samewerking
Zulu	- Ukusebenzisana
Xhosa	- Intsebenziswano
Ndebele	- Ukusebenzisana
Sesotho	- Tshebelisano
Sepedi	- Tirišano
SeTswana	- Tirisano mmogo
Swati	- Kusebentisana
Venda	- Tshumisano
Tsonga	- Ntirhisano

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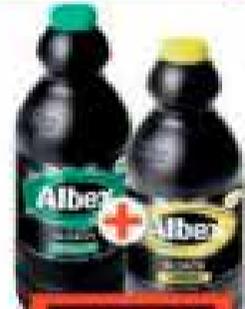
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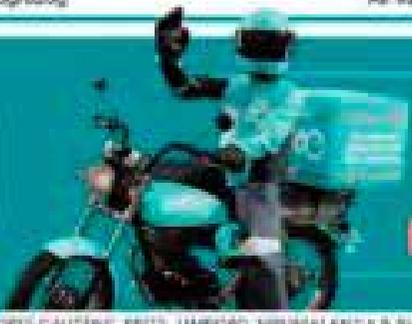
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G20 Summit signage, streetlights and traffic lights vandalised, Gauteng govt claims sabotage



G20 signage Nasrec. Picture: City of Joburg/Facebook

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Joburg mayor Dada Morero has dismissed suggestions that the city is only cleaning up for the G20 Summit. The newly installed G20 Summit signage near Nasrec has been vandalised, reportedly by armed assailants, while streetlights and traffic lights have been damaged along the R55 route. The Gauteng Provincial Government says these appear to be coordinated acts of vandalism targeting the recently revamped public infrastructure around the City of Johannesburg on the eve of the G20 Leaders' Summit. These represent a direct assault on our nation and its standing in the world, it said. "This is not a petty crime, but it's a deliberate and malicious campaign of sabotage, designed to undermine and tarnish the image of our province and country as we prepare to welcome global leaders. "These inexcusable and vindictive actions are aligned and designed to consolidate the work of smear merchants who are promoting outlandish conspiracy theories and a certain negative narrative about the country. The provincial government views this criminality in a serious light and will respond accordingly."

G20 Summit preparations?
The province has been cleaning up, fixing traffic

lights and streetlights. These efforts, however, have not been well received by Joburg residents. They have criticised the city for cleaning up to save face. Joburg mayor Dada Morero has dismissed suggestions that the city is only cleaning up for the G20 Summit. "Johannesburg is stepping into a new era defined by shared responsibility and visible action on the ground. The CEO-City Cleanup transcends a once-off event; it is the beginning of a sustained movement to renew, rebuild, and reimagine our economic hub. A cleaner, stronger city is a calculated, collective effort," Morero has said. "These initiatives aim to reclaim our city's streets, improve safety, and foster community pride."

Severe criminal offence'
As the province continues with its preparations, it has warned perpetrators that the deliberate destruction of essential infrastructure constitutes a severe criminal offence under the Criminal Matters Amendment Act of 2015, which specifically protects such assets. As the province continues with its preparations, it has warned perpetrators that the deliberate destruction of essential infrastructure constitutes a severe criminal offence under the Criminal Matters

Amendment Act of 2015, which specifically protects such assets. The perpetrators face the prospect of imprisonment for up to 30 years. Additionally, anyone discovered in possession of stolen infrastructure material will be presumed guilty and must prove their innocence due to the onus of proof clauses. "We are aware that some roguish elements are mobilising to cause chaos. We are working in full cooperation with all national security structures," said premier Panyaza Lesufi. "The province has directed our law enforcement agencies to conduct a thorough investigation. We will identify, apprehend, and fully prosecute the perpetrators of this sabotage to the full extent of the law. "The Gauteng province is ready, capable, and proud to host this landmark event. We remain steadfast in our commitment to ensuring a safe, secure, and successful G20 Leaders' Summit. "We will not allow the desperate actions of a few to jeopardise this critical national opportunity. Our message is clear: there will be zero tolerance for any disruption or sabotage of the G20 Summit. Any attempts will be met with a swift, decisive response."

X-tra Kiddies Corner

People or fuel

Circle the pictures where people power moves things. Draw a square around the pictures where fuel is used.

Moving things takes energy.



What takes more energy:
Moving fast or moving slow? _____

Polar bear adaptation

How has this polar bear adapted to help it survive?

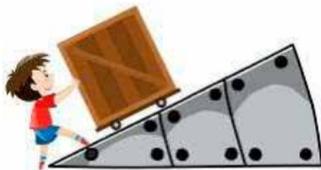


- two layers of fur : _____
- strong sense of smell : _____
- huge, bumpy paw pads : _____
- thick layer of fat under the fur : _____
- big, strong, curved claws : _____

Simple machines

Write the name of each simple machine being used.

inclined plane lever pulley
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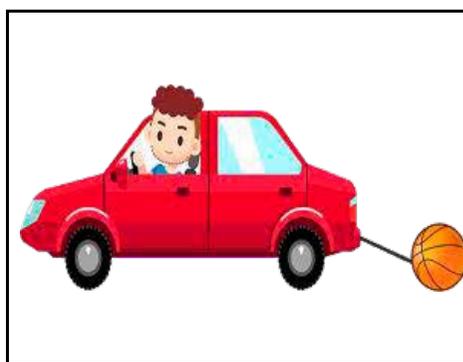
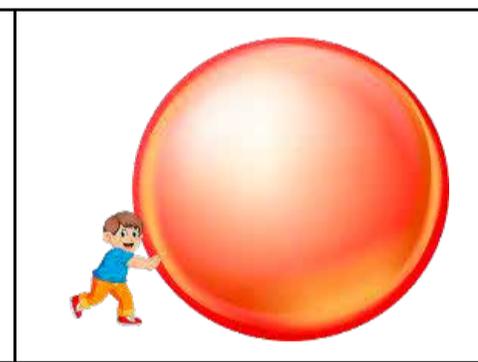
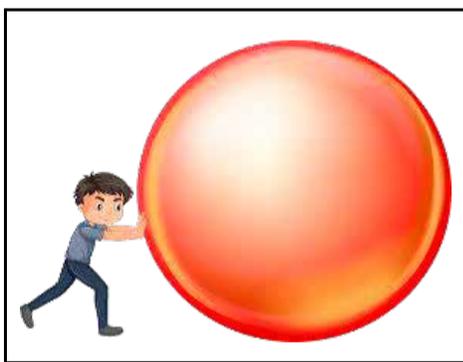


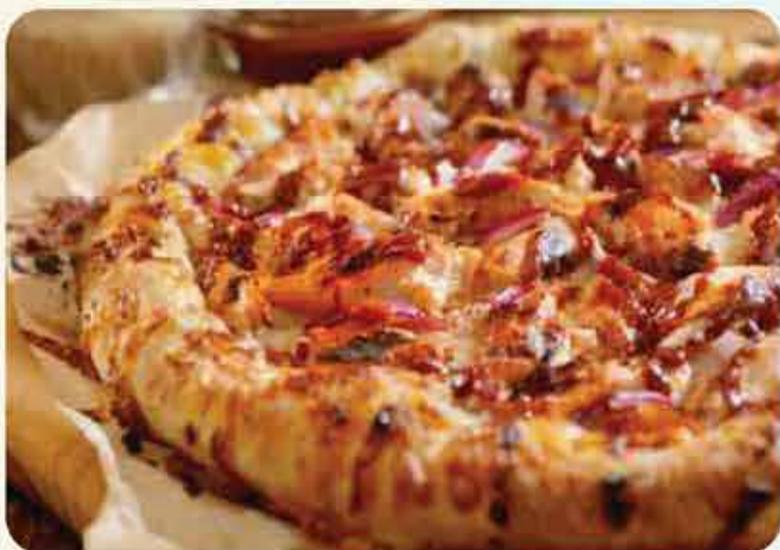




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BBQ chicken pizza

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Ingredients:

- 250g ball of pizza dough
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- One cup of cooked chicken breast, shredded
- Half a red onion, thinly sliced
- One cup of shredded mozzarella cheese
- Half a cup of smoked gouda or cheddar (optional)
- Fresh coriander (for garnish)

Method:

- Preheat oven to 220°C.
- Roll out your dough on a baking sheet or pizza pan to 25cm diameter.
- Spread BBQ sauce over the dough.
- Sprinkle with mozzarella and smoked cheese (if using).
- Distribute chicken and red onion slices over the cheese.
- Bake for 12 to 15 minutes, or until the crust is golden and cheese is bubbly.
- Drizzle with extra BBQ sauce and garnish with chopped fresh coriander before serving.



Easy-to-make beef lasagne

Lasagne is one of Italy's greatest culinary gifts to the world. This version celebrates everything that makes lasagne so beloved – generous layers of slow-cooked ragù Bolognese, silky béchamel sauce, and tender sheets of pasta, all baked together until bubbling and golden. Recipe compliments of Fatti's & Moni's.

Ingredients

- 30ml vegetable oil
- 2 onions, chopped
- 10ml garlic, chopped
- Salt and pepper to taste
- 1kg beef mince
- 2 x 410g cans All Gold Tomato and Onion Mix
- 5ml dried mixed herbs
- 15ml Worcestershire sauce
- 15ml All Gold Tomato Sauce
- 1½ beef stock cubes in 375ml boiling water
- 90g butter
- 90g (180ml) cake flour
- 1L milk
- Salt to taste
- 12 Fatti's & Moni's lasagne sheets

- 60g (125ml) grated mozzarella cheese

Method

1. Heat oil in a large saucepan, add the onions and garlic and fry for 5 minutes. Season with salt and pepper.
2. Add the mince and brown, stirring occasionally using a fork.
3. Add the tomato onion mix, herbs, Worcestershire sauce, tomato sauce and stock, simmer for 30 minutes.
4. Melt the butter in a separate saucepan and add flour, whisk in the milk and simmer for 20 minutes, season with salt according to your taste.
5. Preheat an oven to 180°C, grease a large casserole dish with butter.
6. Spoon a third of the meat sauce into the bottom of the dish, top with a third of the white sauce.
7. Top the sauce with a single layer of the lasagne sheets, repeat the process ending in white sauce.
8. Sprinkle the grated cheese over the lasagne and place in the oven for 45 minutes to 1 hour, or until pasta is cooked, remove and serve.



Classic margherita pizza (neapolitan style)

This homemade margherita pizza recipe is simple and delicious.

Ingredients

- 250g ball of pizza dough
- 85g of San Marzano, crushed tomatoes
- 100g of fresh mozzarella, torn into pieces
- Fresh basil leaves
- One tablespoon of olive oil
- Pinch of sea salt
- Semolina or flour for dusting

Method

- Preheat oven to 250°C. If you have a pizza stone, place it in the oven to preheat as well.
- On a floured surface, stretch the dough into a thin circle – roughly 25cms in diameter. Spread the crushed tomatoes evenly over the dough.
- Add mozzarella pieces evenly on top.
- Sprinkle a pinch of salt and drizzle with olive oil. Bake for seven to 10 minutes until the crust is puffed and charred, and the cheese is melted.
- Top with fresh basil leaves before serving.



High protein cottage cheese and salami pizza

Pizza night has a way of bringing everyone to the table, but for many of us, it's also a night when healthy eating goals quietly slide to the side. This high-protein pizza recipe substitutes a traditional dough base for one made from smooth, low-fat cottage cheese and eggs, resulting in a golden, slightly chewy crust. Once baked, it's topped with rich pizza sauce, melty mozzarella, and savoury slices of salami, finished off with fresh basil for that final burst of colour and freshness. Recipe compliments of LANCEWOOD.

Ingredients

- Base:**
- 250 g LANCEWOOD Low Fat Smooth Plain Cottage Cheese
 - 2 large eggs
 - garlic salt
 - mixed dried herbs
- Topping:**
- 60 ml pizza sauce
 - 100 g LANCEWOOD Mozzarella, grated

- 12 salami slices
- fresh basil, to garnish

Method

Base:

1. Preheat the oven to 190°C. Line a baking tray with baking paper, then trace a 20cm diameter circle on it. Turn over the baking paper so that the pencil/pen ink is on the other side.
2. In a bowl, add the cottage cheese, eggs, garlic salt and mixed herbs. Whisk until smooth.
3. Pour the mixture onto the baking tray and spread evenly into the traced circle.
4. Bake for 35-40 minutes, or until golden brown.

Topping:

1. Allow to cool for 10 minutes, then spread pizza sauce almost to the edges, sprinkle with mozzarella cheese and top with salami slices.
2. Bake for another 5-10 minutes, or until the cheese is melted and golden.
3. Allow to cool for 5 minutes, then slice and enjoy!

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Bluebells United kicks off new era with year-end celebration and major sponsor announcement



2025 Under 15 players and coaches with ex-Bluebells player, Imraan Moosa.

THE Bluebells United family, players, coaches, parents, and supporters, gathered in force at our home grounds at Nirvana Secondary School recently for a year-end celebration that marked a transformative moment in the club's history. The event was less about individual accolades and more a powerful showcase of collective spirit, heralding the club's official rebirth as a structured, community-centric organisation. The most significant announcement of the day was that Bluebells United has officially registered as a Nonprofit Company (NPC) and is in the process of obtaining Public Benefit Organisation (PBO) status to offer businesses Section 18A tax exemption. This strategic move solidifies the club's long-term commitment to its community and unlocks a new chapter of sustainable growth and development. "This is our new era," announced the club's new director, Rahul Oka. "Becoming an NPC isn't just an administrative

change; it's a promise of transparency, longevity, and a professional structure dedicated entirely to our players' development. To fuel this vision, we will launch formal fundraising campaigns in the coming months. We are the first NPC football club in Lenasia, and strive to bridge the gap that exists in the current footballing landscape". This new era was visually embodied in unveiling the 2026 away kit, proudly sponsored by @SaffasAlwaysWin, Aqua Villa, and Zero-Point Digital. The modern design, featuring the new badge, looks to the future, while the original club crest and the motto "Vande Mataram" on the collar serve as a permanent tribute to the team's enduring legacy. The event itself was a testament to the club's team-first ethos. The highlight was a spirited exhibition match where the Under 15s squad demonstrated its season's growth against a team of dedicated parents and coaches. This was followed by a community

braai, reinforcing the family bonds at the heart of Bluebells United. While individual players were recognised, the overarching theme was the celebration of collective effort and shared progress. With the new NPC structure in place, the club's ambitions are clear. Bluebells United is now actively recruiting players for its Under 10 and Under 13 age divisions, inviting new families to join this exciting journey and the revival of a sleeping giant in Lenz football. "We are continuing a legacy, not just building a team," the new director, Shan Naidoo, concluded. "Our focus is on creating a premier football environment for every child who wears our badge. This is just the beginning, and we have several major announcements to come. The future of Bluebells United is bright, and it is built by all of us, together." Parents of interested players, corporate partnership, and funding inquiries are encouraged to contact bluebellsunitedfc@gmail.com.

Bluebells United FC

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Under 15 squad with their parents.



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